



community

CONNECTIONS



New & Improved ID Clinic

International Community Health Services (ICHS) has come a long way since the days when the International District Clinic (ID Clinic) was a simple storefront located on Maynard Avenue. In 1998, ICHS moved the ID Medical & Dental Clinic to its current location at the intersection of 8th Avenue South and South Dearborn Street, within the multi-use International District Village Square facility. Most recently, in October 2009, ICHS completed a \$5 million renovation and expansion of the ID Medical & Dental Clinic. Construction began shortly after additional space within ID Village Square opened up in the summer of 2008, and now the ID Medical & Dental Clinic boasts over 39,000 square feet for 150 staff members. Improvements to the clinic include:

- ♦ 6 new medical exam rooms
- ♦ 2 new health education/patient consultation rooms
- ♦ 2 new rooms dedicated to traditional Chinese medicine
- ♦ 1 new procedure room
- ♦ Remodeled dental clinic that includes 4 new dental chairs, a three-fold increase in space, and easier access



A young ICHS patient visits the new ID Clinic.

- ♦ Expanded Women, Infants, & Children area
- ♦ Expanded insurance eligibility services area
- ♦ Expanded medical front desk & waiting area
- ♦ New equipment throughout the clinic
- ♦ Pharmacy and ICHS administrative offices now consolidated within the same building as the clinic

The new ID Dental Clinic opened its doors at the end of April 2009, and the ID Medical Clinic opened in October 2009. The dental clinic has already seen a 43% increase in patient visits since April. As for the medical clinic, ICHS anticipates that the maximization of space and repair

of structural damage will enable the ID Medical Clinic to provide approximately 5,600 additional visits and serve 350 new patients by 2011.

In order to celebrate the completion of this major project, ICHS will be hosting a community-wide Open House on Thursday, January 28, 2010. Everyone is welcome to join us in the festivities during two parts of the day!

~Thursday, January 28, 2010~

ID Medical & Dental Clinic Open House
720 – 8th Avenue South
Seattle, WA 98104
1:30 p.m. – Ribbon-cutting ceremony
6:00 p.m. – Tours of the new clinic

Invitations will be sent soon. We hope to see you on the 28th!



ICHS patients enjoy the ID Clinic's spacious new waiting area.

ICHS Foundation

International Community Health Services Foundation raises funds for and gives philanthropic support to International Community Health Services, the largest Asian and Pacific Islander nonprofit community health center in Washington state.

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ID Dental Clinic Welcome Reception

On Thursday, November 5, 2009, the ICHS Foundation hosted the International District Dental Clinic Welcome Reception, a special event to honor the funders who made possible the recent \$1.2 million renovation and expansion of the ID Dental Clinic that was completed in April 2009. Over 60 people attended the event, including representatives from some of the following supporters of the ID Dental Clinic:

- City of Seattle
- Washington State Health Care Authority
- Washington Dental Service Foundation
- The Seattle Foundation
- The Norcliffe Foundation
- Seattle King-County Dental Foundation

ICHS staff members, such as Dr. Grandy Au, ICHS Dental Director, gave personalized tours of the new clinic to attendees. Thanks to the renovation, the new ID Dental Clinic is three times the size of the old clinic, has twice as many dental chairs, and also boasts a new electronic dental records system. These improvements have allowed ICHS dental staff to provide 43% more appointments for patients than in 2008, and the wait time for appointments has been reduced by about five weeks.

After the tours, attendees enjoyed refreshments, music, and a brief program with Teresita Batayola, CEO of ICHS, and Dr. Au honoring the organizations that supported the ID Dental Clinic renovation. "We are so grateful for the generous support that ICHS received from these organizations,"

said Dr. Au. "Our patients are really enjoying the new clinic; they always comment on how spacious it is, and they love the natural lighting. The vast majority of our dental patients are low-income, and over 33% of them do not have any dental insurance, so it is so important that we are able to provide high quality health care for as many patients as we can," he continued.

The general public will be able to view the renovated ID Dental Clinic, along with the new and improved ID Medical Clinic, during the ID Medical & Dental Clinic Open House on Thursday, January 28, 2010. This open house will be a community-wide event, and everyone is welcome to attend (see page 1 for more details).

ICHS Foundation Welcomes New Board Member

Nikki Lac Huang has had a long history with ICHS; she started out volunteering in 1997 and over the years has continued to support the clinic through pro bono work. In addition to her involvement with ICHS, she has volunteered for the Community Services for the Blind and Partially Sighted, Ronald McDonald House and the YWCA. She graduated from Western Washington University with a Bachelor of Arts in Communication and served as the University's Vice President of Diversity. After graduation, she worked for the Washington Health Foundation and later the International District Housing Alliance.

Ms. Huang has also served on the Asian and Pacific Islander Women and Family Safety Center's Board of Directors, providing leadership to create a community free of violence against women and families.

In 2007, Ms. Huang completed her Masters in Public Administration, graduating with honors, from Seattle University. Over the past two years, she



Nikki Lac Huang

was the Executive Director of a national non-profit agency, Court Appointed Special Advocates, serving neglected and abused children. Today, she

is Highline Medical Center Foundation's Development and Outreach Manager, an active committee member for the Association of Fundraising Professionals and now serves on the ICHS Foundation's Board. "I joined the board to participate in ensuring that patients receive affordable, quality care through the clinic's philanthropic arm," says Ms. Huang. She currently resides in Bellevue with her husband.

ICHS FOUNDATION BOARD OF DIRECTORS

- Charles Wu, *President*
- Nicole Li, *Vice President*
- Teresita Batayola, *Secretary*
- Marie Faulring, *Treasurer*
- Ed Alipio
- Elizabeth Gilje
- Nikki Lac Huang
- Amy Kim
- Hiroshi Nakano
- Cindy Ryu
- Thomas L. Taylor

ICHS FOUNDATION STAFF

- Andy Yip, *Interim Executive Director*
- Sarah Kim Randolph, *Development Officer*



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Health Care Safety Net Nears Breaking Point

By Christine Loredo
ICHS Marketing & Communications
Supervisor

They say that tough times call for tough measures. So when the state made drastic cuts to its Basic Health Plan earlier this year, many believed that it was an unfortunate, but necessary move to balance our budget. Now, with the state facing a deficit of over \$2 billion, health care advocates fear that Basic Health and other health programs will be on the chopping block once more.

The state budget crisis places Basic Health and the people who rely on this vital safety net in a precarious position yet again. Earlier this year the program, which provides subsidized health coverage for working families, implemented several cost-cutting measures to deal with a \$255 million reduction in their budget. Basic Health eliminated coverage for dually-enrolled members, increased premiums for current members, and essentially ceased processing new applications. At the same time, the state's uninsured is increasing at a fast pace; and already, the number of people waiting to apply for Basic Health coverage outnumbers those currently on the rolls.

Even though federal health care reform is almost in sight, new policies and funding will not come soon

enough for Washington residents who are at risk of losing their coverage or who are unable to get coverage now, especially if Governor Gregoire proposes eliminating Basic Health altogether.

On a Nov. 23 tour of International Community Health Services' (ICHS') facilities, Senator Maria Cantwell spoke with representatives from a coalition of community organizations working together to preserve Basic Health. Cantwell recently added an amendment to the Senate health care reform bill to assist states in establishing and paying for programs like Basic Health. Heralded as a model for the nation, the Basic Health Plan provides access to affordable preventive care for its enrollees, which drive down the cost of treatment for preventable conditions and emergency room utilization.

For community health centers like ICHS, Basic Health and its emphasis on prevention is at the core of how it provides affordable care. With Basic Health, patients are able to establish a "health care home" with a trusted provider. They can monitor their health regularly and get connected with other services they may need. Without Basic Health, patients are likely to put off preventive care until they develop serious and more expensive conditions. When that happens, the burden of the cost is shouldered by the community health centers, which are federally

mandated to provide care to anyone seeking services. With over 40 percent of its patients on Basic Health and at risk of losing their coverage, ICHS faces a bleak future if state lawmakers decide to make even more cuts in the program.



L to R: Teresita Batayola, CEO of ICHS, and Senator Maria Cantwell met at ICHS on November 23, 2009. (Photo: Courtesy of International Examiner)

In the upcoming weeks, there will be opportunities to speak out on behalf of the most vulnerable members of our community. Urge your representatives to find other means to raise revenue and to protect the programs that serve as a vital safety net for Washington's working families. Go to the Save Health Care in Washington Web site (www.savehealthcareinwa.org) to find out more about what you can do to help.

Originally published in the International Examiner on December 2, 2009.

Gifts of Support

We are grateful to the following individuals, foundations, businesses and organizations that made gifts to the ICHS Foundation from August - November 2009. We make every effort to be as accurate as possible, but if we have made an error, please call 206.788.3694. ICHS and the ICHS Foundation thank you for your continued support!

Aetna Foundation
Bank of America Matching Gifts
Ms. Maria Batayola
Bill & Melinda Gates Foundation
City of Seattle
Crown Moving Co., Inc.
Employee's Community Fund of the Boeing Company
EverGreen House



Mrs. Rene Ewing
GoodSearch
Key Bank
Microsoft Matching Gifts Program
Pharmaceutical Research and Manufacturers of America
Radia
Symetra Matching Program
United Way of King County



PO Box 3007
Seattle, WA 98114-3007



Stretch Your Holiday Giving!

During this joyous season, holiday giving is in the mind of every ICHS supporter. Do you find yourself balancing between the maximum gift and the stress of the economic downturn? The ICHS Foundation has provided a new way for you to stretch your holiday giving, literally.

In the following week, you will be receiving a donation envelope that gives you one more chance to support ICHS before the year ends. As with years past, you can simply write a check and mail it back along with the envelope. What is new this year, and moving forward, is the ability to pledge your gift ahead of time, through the ICHS Foundation donation pledge program.

With the donation pledge program, you can determine how much you would like to have taken out from your debit

or credit card on a monthly basis for a set amount of time (or indefinitely). For example, you could schedule \$25 to be deducted from your bank account on the 22nd of every month, for up to 5 years, resulting in a \$1,500 pledge total.

To launch the donation pledge program, all individuals with pledges totaling \$1,000 or more will receive a special keepsake from the ICHS Foundation. In addition, your name will be inscribed on our Wall of Donors at the International District Medical & Dental Clinic, based on contribution levels above \$1,000. You can choose to give as an individual, a family, or in memory of someone important in your life. An invitation to the annual ICHS Gala will also be sent to you, where we would recognize our group of donors as well.

During a time when the state budget

calls for cuts in programs that severely impact the quality of health care for our low-income seniors and families, your donation is very much appreciated by our patients. Your generous donation will allow ICHS to continue to serve those most in need during these difficult times.

**Save the
Date!**

2010 ICHS Gala

***Saturday,
May 15, 2010***

Westin Seattle